



# Why select a vision plan?

Of the five senses, vision is generally regarded as the most important.

Yet most of us take our sight for granted. Consider some benefits of a vision plan.

- More than half of vision problems may be prevented by regular vision care examinations.
- Routine eye examinations may also detect other illnesses, such as high cholesterol, high blood pressure, diabetes, cancer, brain tumors, or multiple sclerosis.
- One of every four children has a vision problem. Early detection can enhance a child's growth and development.
- Over 162 million individuals are in need of some form of corrective eyewear.
- Good vision is an essential component of a safe work environment. Proper eyewear on the job can mean much less time lost/employee absenteeism due to injuries and chronic eye-related problems such as headaches, neck and back strain, and eyestrain.
- Today's workforce spends more time using computers. As a result, ninety (90%) percent of employees suffer from eyestrain, giving rise to productivity concerns.
- Vision insurance is a wellness benefit. Meaning, you do not have to be sick to use it. In fact, regular eye routine examinations can help you guard against becoming ill.

Medical Eye Services  
**Clarifying Your Vision Care Options**

**MES**  
*Vision*<sup>®</sup>