

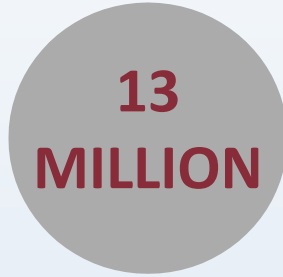
# High Blood Pressure Awareness

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**1 IN 3**

Americans suffer from high blood pressure – a disease that does not discriminate against age, race, or gender.



aren't even aware they have this asymptomatic condition.



**EYE CARE PROVIDERS**

Can be one of the first to identify chronic health conditions such as high blood pressure during a comprehensive eye examination.

**47.5%** of patients with hypertension do not have it under control

Blood Pressure Chart	
180	Hypertensive Crisis
140	Hypertension Stage 2
130	Hypertension Stage 1
129	Elevated
120	Normal
Diastolic Blood Pressure	
	0    80    90    120

Having uncontrolled high blood pressure increases the risk of serious health problems including heart disease, stroke, and hypertension eye disease.

Sources:  
 1. The American Heart Association (2014-2019)  
 2. American Optometric Association (2017)  
 3. American Academy of Ophthalmology (2019)